



SUPPORTING FAMILIES

of individuals with intellectual & developmental disabilities
THE NATIONAL COMMUNITY OF PRACTICE • FUNDED BY THE ADMINISTRATION ON INTELLECTUAL & DEVELOPMENTAL DISABILITIES

WASHINGTON STATE TEAM

Context

The WA State Developmental Disabilities Administration (DDA) has a case load of 42,519 (September 2015) of which 28,328 adults and children with intellectual disabilities receive paid DDA services. Prior to 2015, the DDA operated four HCBS Waivers: Basic Plus, Core, Community Protection and Children's Intensive In-Home Behavioral Support Waiver. With funding from the 2014 Session, the Legislature authorized creating a new Individual and Family Support (IFS) Waiver to replace the state only funded Individual and Family Support program and creating a new Community First Choice Option under which all will receive Personal Care. DDA is now implementing the new IFS waiver with a goal of serving 5,000 people from the 14,191 on the No Paid Services Case Load.

Goals

- Develop effective and proactive strategies to address the needs of aging caregivers supporting family members.
- Establish adult sibling support network.
- Educate parents about parenting support services offered in the Individual and Family Support Waiver and make parents aware of the rights they have in the foster care and legal systems.
- Explore issues related to autonomy and self-determination for adults with IDD living with family.
- Improve the experience that individuals and families have with the first point of contact with DDA.

Anticipated Outcomes

- Families with aging caregivers receive supports that effectively meet their needs and assistance with planning for the future.
- Siblings of individuals with IDD have access to information, resources, and mutual support.
- Initial contact with DDA is easy to navigate and considers both formal and informal supports that best align with individual and family needs.
- Parents with IDD have effective supports to effectively manage their parenting role.

Activities

Discovery & Navigation

- Disseminating information via listserv and "Informing Families" initiative
- Implementing online person-centered planning tool, mylifeplan.guide, across life stages.
- Gathering information from particular stakeholder groups via surveys and focus groups.

Connecting & Networking

- Working with local and national sibling support groups to develop strategies to best support siblings of people with IDD.

Goods & Services

- Partnering with two counties to pilot approaches to improve the first point of contact with the service system.
- Participating in Smart Living Demonstration Project to explore technology support strategies.
- Integrating the online planning tool with person-centered service planning process.

Hosted By



DDA Developmental
Disabilities Administration

**WA State
Developmental Disabilities
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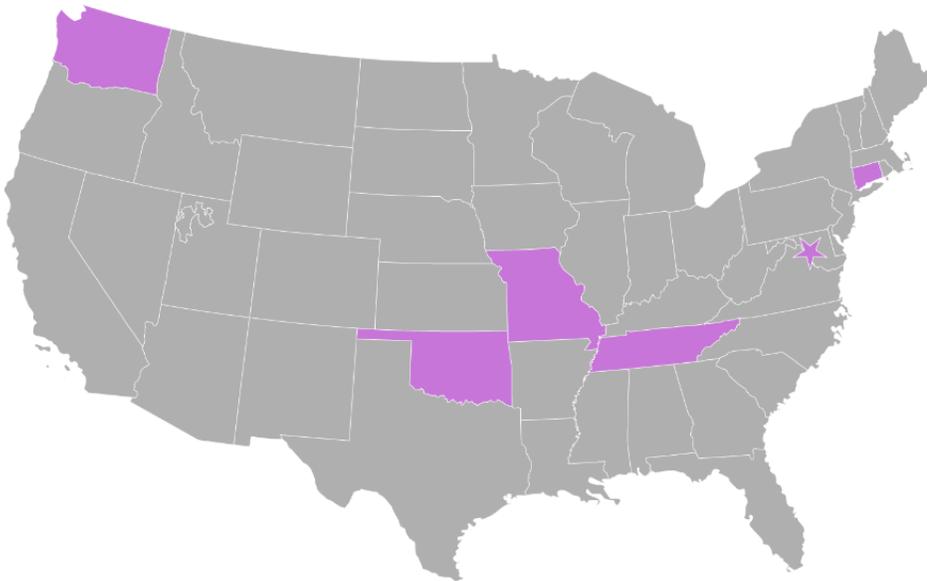
**WA Developmental
Disabilities
Administration**

Get Involved

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About the National Community of Practice



The overarching goal of the National Community of Practice for Supporting Families of Individuals with Intellectual & Developmental Disabilities is to develop, test, and learn from states how to recognize and support families so that they can continue to support their family member to be fully engaged in the community, whether that person is living at home or elsewhere in the community.

States are focusing on policies and practices that reach across an

individual's life span, think about all people with I/DD regardless of their connection to the formal systems, and work across agencies and communities to impact the trajectory of information.

Project



This project is funded by the Administration on Intellectual & Developmental Disabilities, grant number ACF 90DN0298. AIDD is dedicated to ensuring that individuals with developmental disabilities and their families are able to fully participate in and contribute to all aspects of community life in the United States and its territories.