



# SUPPORTING FAMILIES

of individuals with intellectual & developmental disabilities  
THE NATIONAL COMMUNITY OF PRACTICE • FUNDED BY THE ADMINISTRATION ON INTELLECTUAL & DEVELOPMENTAL DISABILITIES

## OKLAHOMA STATE TEAM

### Context

Oklahoma (OK) Developmental Disabilities Services (DDS) served approximately 9,700 youth and adults with intellectual disabilities (ID) in 2015. DDS operates four Home and Community Based Services (HCBS) Waivers: Homeward Bound, Community Supports, and In-Home Supports Waiver (one for children, one for adults). OK experienced a state budget shortage of approximately \$611 million and a decreased federal Medicaid matching funds rate in 2015; 2016 is facing a budget shortfall of \$1 billion. Initiatives that could positively impact the current service system include the Governor's Blue Ribbon Panel to address the waiting list, the closure of the two remaining institutions for people with ID, Person-Centered Planning Training, and No Wrong Door.

### Goals

- Expand understanding of the LifeCourse framework among individuals with IDD, families, and professionals.
- Increase the number and involvement of partners and stakeholders in Community of Practice activities.
- Incorporate LifeCourse planning tools in strategic planning at the individual, family, and systems levels.
- Expand capacity for training and technical assistance on LifeCourse tools statewide.
- Improve “front door” access to the service systems.

### Anticipated Outcomes

- Recommendations generated by the Blue Ribbon Panel to address the waiting list reflect LifeCourse principles.
- LifeCourse principles are embedded in the culture of DDS and applied to strategic planning and problem-solving.
- Individuals and families are aware of and use the LifeCourse planning tools for achieving a good life with connections to community.
- Initial contact with DDS is easy to navigate and considers both formal and informal supports that best align with individual and family needs.
- Department of Human Services Child Welfare Division, the OK Autism Network, the OK Family Network, Sooner SUCCESS, and other agencies and organizations embed LifeCourse and Person-Centered Thinking concepts and tools in their work.

### Activities

#### Discovery & Navigation

- Creating OK Good Life Video
- Disseminating resource folder and LifeCourse booklet
- Building OK Community of Practice website
- Developing strategic organizations plans that align with LifeCourse principles
- Developing and delivering specialized training to agencies and organizations statewide

#### Connecting & Networking

- Incorporating LifeCourse principles into Partners in Policymaking and Youth Leadership Forum.
- Incorporating LifeCourse information in keynote presentations and breakout sessions at Joining Forces, Governor's Conferences, and other local and statewide conferences and meetings.
- Training individuals and families on the LifeCourse framework through UCEDD's Family Support Center and Oklahoma Family Network.

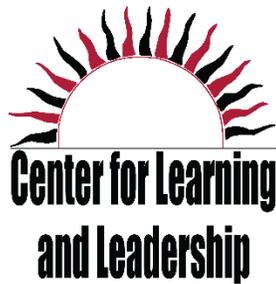
#### Goods & Services

- Including strategies that align with LifeCourse principles in DDS contracts with agencies that serve individuals and families.
- Implementing the Integrated Star tool across agencies to aid with smooth transition between formal support systems.
- Enhancing person-centered planning practices by integrating the LifeCourse framework and tools into OK Person-Centered Learning Community.

## Hosted By



**Developmental  
Disabilities  
Services**



A University Center for Excellence  
in Developmental Disabilities  
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## Get Involved

### CONTACT

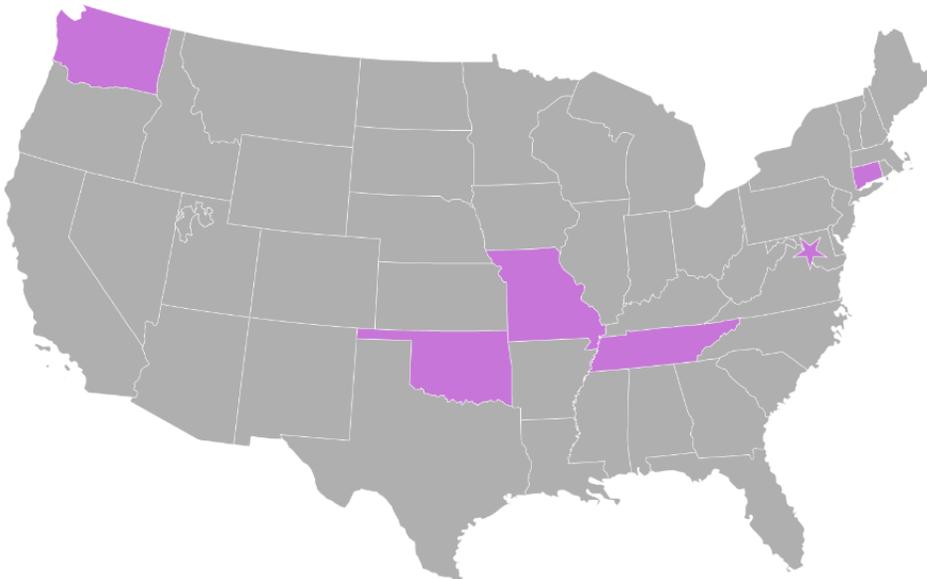
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## About the National Community of Practice



The overarching goal of the National Community of Practice for Supporting Families of Individuals with Intellectual & Developmental Disabilities is to develop, test, and learn from states how to recognize and support families so that they can continue to support their family member to be fully engaged in the community, whether that person is living at home or elsewhere in the community.

States are focusing on policies and practices that reach across an

individual's life span, think about all people with I/DD regardless of their connection to the formal systems, and work across agencies and communities to impact the trajectory of information.

## Project



This project is funded by the Administration on Intellectual & Developmental Disabilities, grant number ACF 90DN0298.

AIDD is dedicated to ensuring that individuals with developmental disabilities and their families are able to fully participate in and contribute to all aspects of community life in the United States and its territories.