



# SUPPORTING FAMILIES

of individuals with intellectual & developmental disabilities  
THE NATIONAL COMMUNITY OF PRACTICE • FUNDED BY THE ADMINISTRATION ON INTELLECTUAL & DEVELOPMENTAL DISABILITIES

## MISSOURI STATE TEAM

### Context

The Missouri Division of Developmental Disabilities (DDD) served approximately 17,400 individuals with intellectual and developmental disabilities (IDD) in 2015. An additional 16,000 individuals received Support Coordination only while waiting for services. DDD operates five HCBS Waivers including Comprehensive, Support, Children with Developmental Disabilities, Partnership for Hope, and Autism Waiver. Initiatives underway in Missouri include HCBS Settings Rule and Transition Plan, restructuring of the DDD Regional Offices, County Boards with authority to support flexibility and innovation, and expanded self-directed service options.

### Goals

- Enhance stakeholder involvement in Community of Practice activities to include the voice of families and individuals with IDD.
- Improve information and resources for young people with disabilities to secure gainful employment and explore alternatives to guardianship
- Embed LifeCourse principles throughout DDD practices and supports.

### Anticipated Outcomes

- Policies and practices to support individuals with IDD are influenced by themselves and their families in order to best meet their needs.
- Young adults with IDD have increased opportunities to lead a good life as they define it.
- Individuals with IDD and their families have increased access to information and tools to help them envision and actualize a good life in the community with the supports they need.

### Activities

#### Discovery & Navigation

- Sustaining ten years of disseminating resource folder
- Including LifeCourse Transition handout and information about choice and guardianship alternatives with “Transfer of Rights” letter
- Infusing LifeCourse principles into Youth Leadership Academy
- Linking Community of Practice and Show Me Careers grant activities

#### Connecting & Networking

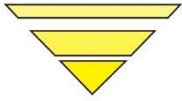
- Referring families directly to Missouri Family-to-Family network at intake
- Restructuring MO DD Council activities to align with LifeCourse principles
- Establishing a Family Network and Peer Support workgroup
- Training families and individuals with IDD on using LifeCourse tools for a good life

#### Goods & Services

- Updating DDD Quality Outcomes to align with LifeCourse principles.
- Embedding LifeCourse principles in Support Coordinator training and coaching.
- Piloting LifeCourse tools with County Boards.
- Training providers and direct care staff on LifeCourse principles.

## Hosted By

DIVISION OF  
DEVELOPMENTAL  
DISABILITIES



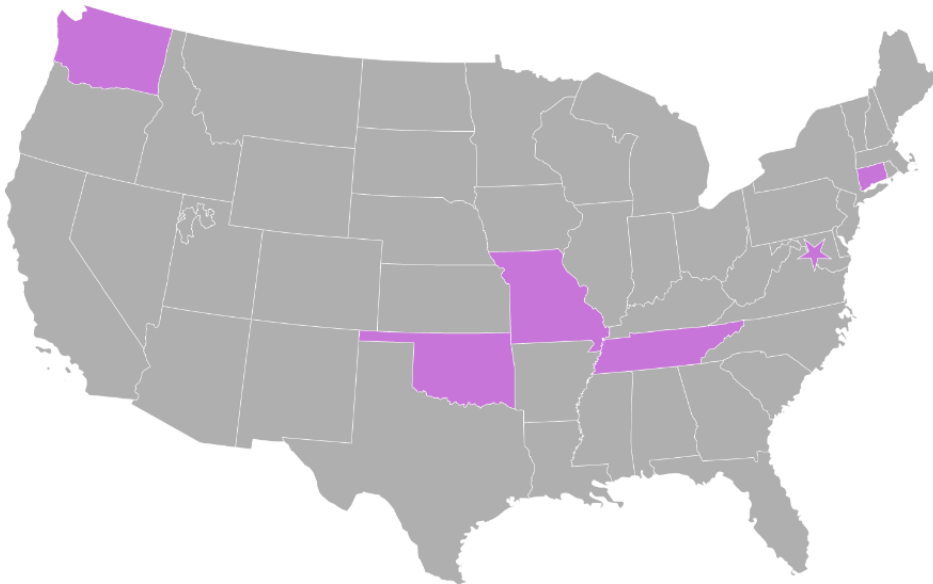
MISSOURI  
FAMILY TO FAMILY

## Get Involved

### CONTACT

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## About the National Community of Practice



The overarching goal of the National Community of Practice for Supporting Families of Individuals with Intellectual & Developmental Disabilities is to develop, test, and learn from states how to recognize and support families so that they can continue to support their family member to be fully engaged in the community, whether that person is living at home or elsewhere in the community.

States are focusing on policies and practices that reach across an

individual's life span, think about all people with I/DD regardless of their connection to the formal systems, and work across agencies and communities to impact the trajectory of information.

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## Project Partners

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This project is funded by the Administration on Intellectual & Developmental Disabilities, grant number ACF 90DN0298. AIDD is dedicated to ensuring that individuals with developmental disabilities and their families are able to fully participate in and contribute to all aspects of community life in the United States and its territories.