



Life Course Network

Service Innovations & Priority Areas

Feb. 27th 2014 Meeting

Focus: Discovery, Planning and Navigation

- Lifecoursetools.com website for "all stakeholders" that organizes resources, training, etc. from the different state organizations using the "life course framework"
- Life course specific materials:
 - Statewide folder and Life course booklet
 - Benchmark packets (the first one is focused on Employment and Transition age because it is being done in conjunction with the Show Me Career grant, once approved this will serve as the template to add other life stages for employment and then will add other life domains with specific life stages)
 - Quick Reference for Life Stage and Life Domain (this is being drafted based on the "employment transition" packet and is being piloted in Columbia with CRO and their work related to transition but also the alternatives to guardianship activity)
 - Life course Webinars
 - Life course tools for planning

These activities are being led by the:

- Stakeholders network meetings: For the past six years a network of like-minded people from around the state have been gathering quarterly to drive the work forward in a tangible way.
- SELN Statewide group is providing direction on benchmark packets and quick reference tools (quarterly meetings, and pilot site feedback)

Focus: Peer Support Network Strategies

- Family to Family developing a statewide network of affiliates focused on providing "peer support/parent to parent" to self-advocates and family members that:
 - Provides technical assistance to each other.
 - Connects trained peer support mentors to other affiliates who might not have them
 - Creates a larger cadre of trained self-advocates and family leaders.
 - Develops seamless process for referring one another
 - Establishes competency for the different types of "supporting family strategies" (information dissemination services, peer emotional support, family navigation)

F2F is leading these efforts with F2F affiliates and network.
- DDD Intake Coordinators are central to the process of referring self-advocates and families at the "front door" of DMH DDD services. This process was established 2 years ago at all regional offices with the Family Support Coordinator position. F2F continues to work closely with the Intake Lead and FSC Lead to ensure a seamless process that is meeting the needs of requestors.





- Specific demonstration site is in St. Charles with DDRB and FACT that replicates an evidenced based service of family navigation for children in the mental health system using trained family navigators to assist with problem solving, emotional support and life planning that compliments and works in partnership with the formal role of support coordination from the MH system. F2F is working with DDRB, First Steps, RO, FACT, and other St. Charles specific organizations to ensure that this is tied together for seamless support and on-going sustainability. The learning from St. Charles will guide the statewide F2F network of organizations that provide different levels of "supports for families."

Focus: Applying the Framework to Organizational/System Strategic Thinking and Policies

- Division of DD
 - Develop priorities to disseminate information (folders), to guide positions (family support coordinators, to develop practices (seamless referral to F2F), educational opportunities based on it (conference)
 - Also work with Quality Assurance on Quality Outcomes specific to the framework, regional Advisory Councils established plans using the framework/policy, developing a crosswalk to show the data collected by DDD relates to life domains, discussion of quality outcome tools based on this
 - Role of Family Support Coordinator in implementing all of the mentioned strategies internally within the Division, collaboration with TCM entities and building regional and local stakeholder buy-in
- DD Council: use the framework to reflect the current work of the DDC as well as for future planning purposes.
- Bureau of Special Health Care Needs Family Partnership: Organizing Family Partners role using the framework and Developing training for SHCN and HCY on family centered practices
- Progressive Community Services: Strategic planning meetings to begin discussing and applying the framework into their day to day practices and policies

Focus: Professional Development; tools and practice

- Strategies/Tools to assist in real life planning process in regards to having conversations that lead to meaningful goals and outcomes" that also satisfies state/CMS requirements
- Organizing/developing/updating Training and educational tools for service coordination (building values, principles, ethics and also satisfies requirements)
- Discussions on how to reach those receiving TCM and no other formal services or even the 75% not getting DDD services
- Meeting held in Kansas City in January 14 with Progressive Community Services, Learning Opportunities, and Eitas, and included F2F staff, DDC staff and DDD staff to discuss using the framework with service coordinators.

