Charting Your Life Course

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Snohomish County, WA
April 21, 2015
About me...

• Sibling of three brothers, one who is 32 year old with developmental disability

• Director of Individual Advocacy and Family Support, UMKC UCEDD
  o Supported the Self-Advocacy Movement for 12 years
  o Director of Mo Family-to-Family Health Info Center
  o Co-Director of National CoP on Supports to Families
About My Organization

Housed at UCEDD/LEND with longstanding focus on Family Support, Self-Advocacy and Self-Determination

State and National Systems and Policy Change

Statewide Family Resource Center for over 25 years with evolving and on-going statewide partnership
Project Goal
To build capacity through a community of practice across and within States to create policies, practices and systems to better assist and support families than include a member with I/DD across the lifespan.

Project Outcome
• State and national consensus on a national framework and agenda for improving support for families with members with I/DD.
• Enhanced national and state policies, practices, and sustainable systems that result in improved supports to families.
• Enhanced capacity of states to replicate and sustain exemplary practices to support families and systems.
Funded by

National Partners
Table Introductions

- Introduce yourself to tablemates
- Share a few sentences describing your first job
Outcomes for Today

• Learn about and apply the LifeCourse framework and tools to assist with **Discovery and Navigation** for information and planning

• **Connect and Network** with others who are on a similar journey through interactive activities and discussions

• Identify **Integrated Supports** strategies for enhancing the trajectory towards a good life
What is YOUR Vision for a Good LIFE?

Vision of What I Want for a Quality of Life

Write down your responses on your worksheet & discuss with your table
What DON’T you want for your Focus Person??

Vision of What I Don’t Want

Write down your responses on your worksheet & discuss with your table
How the Story Began: Shaylee

- Fetal Alcohol Syndrome
- PTSD/Seizures/Learning Delays
- Autism/ADHD/ODD
- Expectancy of Institutionalization
- Foster/Adoptive care
Shaping the Rest of the Story: Shaylee

Watch us, it won’t happen!

Dismissed Psychiatrist

Moved to Farmstead

Began teaching self-advocacy

Moved

Home School

Joined 4-H

Blatant disapproval of family choices

Bleak prediction of future

Strive for “normalcy”

Began teaching self-advocacy

What We Want

• Live independently
• Work with animals
• Healthy self care
• Self-regulate behaviors
• Control over finances
• Access to transportation
• Strong supports in place as needed

What We DON’T Want

• Over-medicatied
• Taken advantage of
• Institution or group home
• Others make all decisions choices for her.
**SHAYLEE’S GOOD LIFE**

**PERSONAL STRENGTHS & ASSETS**
- curious
- sense of humor
- friendly
- loyal
- ability to focus
- organized
- stands firm in her beliefs
- compassionate

**RELATIONSHIP BASED**
- Family, Support group families, neighbors, 4-H club members, Advocates, Librarian, Pastor, Sunday School Teacher and Youth Leaders, Pharmacist, Doctor and Nursing staff, Homeschool families, bowling league members and owners of the lane.

**TECHNOLOGY BASED**
- ID tag/jewelry
- Cell phone alarm
- clock microwave
- Timer
- computer kindle or I-pad daily schedule

**SHAYLEE’S INTEGRATED SUPPORTS**
- Church/Sunday School/Youth Group, Parks and Recreation, YMCA, Bank, Library, Grocery Store, Pharmacy, Doctor Office, Taxi, Bus or Oats Transportation, Support and Advocate Organizations, Homeschool Support Groups

**COMMUNITY-BASED**
- service coordinators, insurance coverage, diagnosis and testing, age, location, living arrangements, therapies, income/SSI benefits or other financial aid, doctors, nursing, and specialists working as a team WITH her

**ELIGIBILITY-SPECIFIC**
Why is this important Now?
1 in 5 Americans with Disability

9.4 million individuals have difficulties with activities of daily living (eating, bathing, dressing)

5 million required assistance

15.5 million individuals have difficulties with instrumental activities of daily living (housework, phone, meal preparation)

12 million required assistance

(Americans with Disabilities 2010, U.S. Census Bureau)
What we know about current realities?

- Expectations, Values, Culture
- Federal Policy
- Federal Budget
- Demand for Services
- Community
- Family
- Social Services
- Person with Disability
- Capacity of Work Force
Services and Supports are Evolving
Baby-Boom Generation

70% of Americans who reach age 65 will need some form of long-term care for an average of three years.

National Institute on Aging
Shortage of Caregivers

A labor shortage is worsening in one of the nation’s fastest-growing occupations—taking care of the elderly and disabled—just as baby boomers head into old age.

Wall Street Journal
April 15, 2013

Larson, Edelstein, 2006
Recognizing Families Role in LTSS

89% of People I/DD are Supported Outside of Formal Residential Supports

4.7 Million people with I/DD

- Receiving Services Out of Home 13%
- Receiving Services Living at Home 12%
- Not Receiving Services - Living at Home 75%

Joining Forces for a New Vision

1950s Mom----------Parent-----Family Movement

1970s Self-Advocacy and Independent Living Movements (Not about me, without me)

2000s Siblings Movement

1960s Medicaid and Medicare Established

1980s Medicaid Waiver (Community Supports)

2010s Affordable Care Act

1970s Rehab Act: 504 Plans

1975s Education for All Children

1990s IDEA and ADA

2000’s Community and Society
GUIDING PRINCIPLES FOR THE FAMILY LIFECOURSE FRAMEWORK

Reframing the Conversation at All Levels
People with disabilities and their families have the right to live, love, work, play and pursue their life aspirations just as others do in their community.
Focus on “ALL”

ALL individuals and their families are considered in our values and vision.
Focus on “ALL”

100%

All 4.9 Million people with developmental disabilities

75%

25%

National % Receiving State DD Services

** Based on national definition of developmental disability with a prevalence rate of 1.49%
Snohomish County with I/DD

11,785 estimated Person with Developmental Disabilities

- 63% Enrolled State DD Services
- 14% No Paid Service
- 23% Case load

Based on 1.58% prevalence of 745,913 citizens, US Census
No paid service case load - 1,651
Enrolled in services, 2,726 paid DDA service
All individuals live within the context of a family. Family is defined by the person and includes members regardless of where they live.
Lifelong Impact of Family on Individual

Biologically: Likes, dislikes, skills, abilities

Environmentally: Neighborhood, socio-economic, education

Socially: Family and friend network, connection with community members

Policy: Dreams, Aspirations, House rules, cultural rules, expectations
Recognition of Individual and Family Cycles

**Individual Life Cycle**

- Birth
- Early child
- School
- Transition
- Adulthood
- Aging

**Family Life Cycle**

- Single Adult
- New Couple
- Couple with Children
- Launching Children
- Family Later in Life
# Reciprocal Roles of ALL Family Members

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<thead>
<tr>
<th>Caring About</th>
<th>Caring For</th>
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<tr>
<td>Affection &amp; Self-Esteem</td>
<td>Provider of day-to-day care</td>
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<td>Repository of knowledge</td>
<td>Material/Financial</td>
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<td>Lifetime commitment</td>
<td>Facilitator of inclusion and membership</td>
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<td>Advocate for support</td>
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*Adapted from Bigby & Fyffe (2012), Dally (1988), Turnbull et al. (2011)*
Siblings often juggle multiple roles for support and caregiving, which can seem overwhelming.

*Sewaged with Permission from Sibling Leadership Network*
“Good Life for All ”

The **Individual** will achieve self-determination, interdependence, productivity, integration, and inclusion in all facets of community life.

**Families** will be supported in ways that maximize their capacity, strengths, and unique abilities to best nurture, love, and support all individual members to achieve their goals.
Trajectory towards Good Life

Friends, family, self-determination, community living, social capital and economic sufficiency

Vision of What I Don’t Want

Trajectory towards Outcomes

Trajectory towards things unwanted
Focusing on Life Experiences

“Anticipatory Guidance for Life Experiences”

Birth ---- Early Child ---- School ---- Transition ---- Adulthood ---- Aging

“Volunteering at church”
“Making mistakes”
“Birthday parties with friends”
“Playing sports or an instrument”
“Chores and allowance”

“Learning to say “no””
# Think Across Life Stages and Generations

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<th>Age</th>
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<th>19-64</th>
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<td>WA Total Population</td>
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<td>0-5</td>
<td>446,319 (6.4%)</td>
<td>1,150,667 (16.5%)</td>
<td>4,428,326 (63.5%)</td>
<td>948,428 (13.6%)</td>
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<td>6-18</td>
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<td>DD WA (1.58%)</td>
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<td>18,295</td>
<td>70,410</td>
<td>15,080</td>
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<td>Snohomish County</td>
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<td>0-5</td>
<td>47,026 (6.3%)</td>
<td>127,642 (17.1%)</td>
<td>484,443 (64.9%)</td>
<td>87,334 (11.7%)</td>
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<td>6-18</td>
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<td>DD Sno. (1.58%)</td>
<td>747</td>
<td>2,029</td>
<td>7,702</td>
<td>1,388</td>
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</table>
Applying the Life Stage and Life Experience Concept

What did you do during that life stage?
What are you or others in that life stage doing?
Thinking Across all Life Domains

- Daily Life and Employment (education/employment, life skills)
- Community Living (housing, transportation, community access)
- Social and Spirituality (friends, relationships and leisure activities)
- Healthy Living (medical, behavioral and mental health, wellness, nutrition)
- Safety and Security (emergencies, legal, well-being, guardianship and alternatives)
- Citizenship and Advocacy (leadership, peer support, making choices, setting goals)
Understanding Possibilities for Individuals with I/DD Through the Lens of My Life
Eric’s Good Life
## Vision for the Future

### Innovative
- Not Yet Discovered

### Islands of Excellence
- Own home
- Shared Living Space
- Co-op
- Environmental Adaptations
- Independent Supported Living

### Traditional Options
- Training Centers
- Intermediate Care
- Group Homes
Service & Support Possibilities

Vision for the Future

Innovative

• A new possibility

Islands of Excellence

• Remote Monitoring
• Assistive Technology
• Time banks
• Human-service coops
• Self-directed Services
• Respite
• Micro-boards
• Companion Model

Charted

• Staff hired by Provider
### Vision for the Future

**Innovative**
- New possibilities, needs discovery

**Islands of Excellence**
- Micro-enterprise
- College/Tech Schools
- Career
- Military
- Supported Employment
- Volunteerism
- AmeriCorps/VISTA

**Charted**
- Sheltered Workshops
- Day Habilitation
The road is not always easy.....
What do Persons with Disabilities and Their Families Need to Support their GOOD LIFE?
# Three Types of Supports

<table>
<thead>
<tr>
<th>Discovery &amp; Navigation: Knowledge &amp; Skills</th>
<th>Connecting &amp; Networking: Mental Health &amp; Self-efficacy</th>
<th>Day-to-Day Services: Instrumental Supports</th>
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<tbody>
<tr>
<td>- Information on disability</td>
<td>- Parent-to-Parent Support</td>
<td>- Self/Family-Directed services</td>
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<tr>
<td>- Knowledge about best practices and values</td>
<td>- Self-Advocacy Organizations</td>
<td>- Transportation</td>
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<tr>
<td>- Skills to navigate and access services</td>
<td>- Family Organizations</td>
<td>- Respite/Childcare</td>
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<td>- Ability to advocate for services and policy change</td>
<td>- Sib-shops</td>
<td>- Adaptive equipment</td>
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<td>- Support Groups</td>
<td>- Home modifications</td>
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<td>- Professional Counseling</td>
<td>- Financial assistance</td>
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<td>- Non-disability community support</td>
<td>- Cash Subsidies</td>
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<td>- Short/Long term planning</td>
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<td>- Caregiver supports &amp; training</td>
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Elizabeth’s Health Trajectory
As Told by Her Mother

5 Months…………….1 year…………………2 years

Charted trajectory stoma

Uncharted trajectory self-cath

Peer Support / Research / Advocacy

Charted trajectory ditropan

Peer Support / Research / Advocacy

VISION for a GOOD LIFE

Self determination
Choice
Privacy

What I DON’T Want

Unnecessary medications
Unnecessary procedures
Limiting choices
Limiting self-determination

5 Months..................1 year......................2 years
Assistance in Developing and Integrating Supports and Services

- **PERSONAL STRENGTHS & ASSETS**: Person or family resources, abilities, strengths, characteristics
- **RELATIONSHIP-BASED**: Family, friends, neighbors, co-workers, community members, church members
- **COMMUNITY-BASED**: School, businesses, Church/faith based, public transportation, Parks and recreation
- **INTEGRATED SUPPORTS**: i-pad/smart phone apps, remote monitoring, cognitive accessibility, adaptive equipment
- **ELIGIBILITY-BASED**: Disability Services, Special Education, Medicaid, Housing, Food Stamps, Vocational rehab (VR)
Opportunities for Self-Advocates and Families to Engage, Lead, and Drive their Own Supports and Impact Policy and Systems Change
Putting the Framework Together!!
Putting the Family Life Course Framework into Practice
How the Story Began: Izaac

- Achondroplasia
- Severe Sleep Apnea/O2/Monitors
- Severe pneumonia/coded
- Multiple hospitalizations
- Trach/ventilator
- Delayed walking/talking
Shaping the Rest of the Story: Izaac

What We Want

- Self-determination
- Participation in activities he likes
- Learn medical self-care

What We DON’T Want

- People always doing things for him
- Unnecessary medications
- Unnecessary procedures

Misdiagnosis led to negative expectations

Educate/inform in a positive manner

Community involvement

Exposure to negative comment/questions

Total life support

Tracheostomy

Change hospitals - Specialists

People always doing things for him

Unnecessary medications

Unnecessary procedures
Izaac’s
Integrated
Services and
Supports

**TECHNOLOGY BASED**
- Kindle
- Wii
- X-box
- You tube
- Scooter
- Vent/trach
- Life Support Equipment

**PERSONAL STRENGTHS & ASSETS**
- Extremely outgoing
- Funny, natural leader
- Cute, thick-skinned, nonchalant

**Izaac’s INTEGRATED SUPPORTS**
- Family, neighbors
- School friends
- Nurses, church
- Cheer, tae kwon do, dog

**COMMUNITY-BASED**
- Athlete’s Plus Cheer
- Tai Kwon Do
- McAllister’s family night
- Church
- School

**RELATIONSHIP BASED**

**SERVICE COORDINATION**
- Nursing
- Adaptive Equipment
- Medical Supplies
- Insurance

**ELIGIBILITY-SPECIFIC**
Ben’s GOOD LIFE
WHAT PEOPLE LIKE & ADMIRE ABOUT ME

I like to make other people feel good and be happy.
I have a great smile and a contagious laugh. I frequently “get the giggles”!
I’m fun, silly and friendly!
I am a dedicated volunteer in my community.
I am an Eagle Scout and an adult leader in scouting - been involved in service through scouting since first grade.
I am a man about town!
My tattoo!!
My great hugs!
I am willing to try new things...
I remember songs and who sings them
I am not usually a complainer, even though sometimes I am in pain or uncomfortable.

WHAT’S IMPORTANT TO ME

My family and friends
Volunteering at the Fire Station, wearing my uniform and badge
Going to the library
Going to church
My TV, DVR, and radio/CD player (I like to play them all at once sometimes)
My iPad
WWE wrestling – I love when my brother Matt takes me to live shows
Nascar Racing (Jeff Gordon is my favorite driver)
Going to country music concerts
Feeling like I belong
Being like everybody else, not being treated differently
Getting a tattoo (already planning my next tattoo)
Having control over my life as much as possible
My Excelsior Springs Tigers – especially football
Riding horses at NTRC
Facebook friends
Having an occasional beer with friends
Having a purpose and being productive

HOW BEST TO SUPPORT ME

I need help remembering things, like what I did or who I saw today.
I get confused easily so I need help not getting lost or turned around when I am out and about.
I know what times I am supposed to take my meds, but I need help getting them out and getting refills.
I get anxious sometimes, need to be reassured that people I care about will be there for me.
I don’t like to spend time alone, but I am working on it, help me not be so anxious when I am alone for short periods of time.
I sometimes need someone to steady me if I get off balance.
I need to rest or extra support if I have to do a lot of walking or standing. If I am shopping, it helps if I am the cart-pusher.
I need support keeping in touch with friends and family and practicing having good conversations.
I’m friendly even though I may not look you in the eye at first.
Ben’s Life Trajectory Worksheet

CHARTING the life course

Ben’s Life Trajectory Worksheet

VISION for a GOOD LIFE

- Friends
- Job/financial security
- Fun/interesting stuff to do
- Continue to learn new things
- Ben own his own home or condo
- Live on his own or with a friend
- Vacations
- Getting a Tattoo

What I DON’T Want

- Sheltered Workshop
- Group Home or Institution
- Segregation or Isolation
- Loneliness
- Guardianship
- Poverty

SPED negativity & low expectations
Segregated classes
Scoliosis
Seizures
Physical barriers
Surgeries
Side Effects of Meds

Chores
Boy Scouts
School Inclusion
Riding bike
Swimming
Circle of Friends
T-ball
Shooting hoops
Birthday parties
Family vacations
Brothers
Cousins
Music
Going to brother’s games

Football Manager
Gen Ed Classes
Inclusion
Church group
Volunteering
Homecoming
Riding Omni bus
Shopping at Walmart and PC
Using Debit Card
Fire Station
Good Sam
Hanging out with friends
Graduation

MISSOURI FAMILY TO FAMILY | UMKC-IHD, UCEEDD

MAY 2014
Ben's Integrated Services and Supports

**TECHNOLOGY BASED**
- I-pad, apps
- Facebook
- Facetime
- Digital watch
- Vibrating toothbrush
- Glasses

**PERSONAL STRENGTHS & ASSETS**
- Outgoing personality
- Friendly
- Eagle Scout
- Can ride city bus

**RELATIONSHIP BASED**
- Dad, Mom, Matt
- Zac, Ali, Chad
- Ericka, Sheli
- Firemen friends
- Ange, Pam, Wally
- Josh B., Matt S.
- Mike, Nick
- Scouting friends

**COMMUNITY-BASED**
- Omni bus, Walmart
- 24 Hour Fitness
- Library, Price Chopper, Dr. T., St. Ann's church, ES Fire Dept.
- Joint bank account, direct deposit, Power of attorney

**ELIGIBILITY-SPECIFIC**
- PCA – DDD, self-directed supports
- Social Security
- Medicaid
- Special Needs Trust
Ben’s Integrated Week

### Long Term Service and Support Needs

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<th>Time</th>
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**Note:** Times are approximate and may vary. Services and support may include but are not limited to: medical care, transportation, assistance with activities, etc.
Adapting, Accommodating and Integrating Supports: *Problem Solve Daily Routine*

**Morning Routine** .......................... **Evening Routine**
Eric’s Focus on Social and Spiritual

PERSONAL STRENGTHS & ASSETS
- Happy, Funny and loving
- Likes to help people
- Likes to try new things
- Police cars, tow trucks, fire engines and racecars
- Golf Cart

RELATIONSHIP-BASED
- See his girlfriend more
- Connect with his family
- Spend more time with friends

COMMUNITY-BASED
- Scouts
- Red Robin
- Race Tracks

INTEGRATED SUPPORTS

ELIGIBILITY-BASED
- Companion Supports
day-to-day

TECHNOLOGY-BASED
- 1-pad
- Smart Phone
Adapting, Accommodating and Integrating Supports: Specific Life Domain

Life Domains
Safety and Security: Alternatives to Guardianship

**Technology**
- Smart Phone
- Telephone
- Computer

**Decision Making**
- Ability to communicate wants, needs, and wishes (traditional, sign, gesture, communication device)

**Money Management**
- Online Banking
- Debit Card

**Personal Safety**
- GPS Enabled Device
- Personal Safety Device
- Remote Monitoring
- Computer or Electronic locks

**Personal Strengths & Assets**
- Understands concept of money
- Knows address, phone, other contacts
- Carries ID
- Disaster or Emergency Plan
- Ready bag for emergencies

**Relationship Based**
- Personal Contract or Agency Agreement
- Power of Attorney – General
- Power of Attorney for Health Care
- Supported (Shared) Decision Making

**Money Management**
- Joint Bank Account

**Personal Safety**
- Close Family & Friends

**Decision Making Support**
- Medical Advisors (Doctor, Nurse)
- Clergy or Life Coach
- Financial Advisors
- Educational Advisors (Teacher, Counselor)

**Money Management**
- Limited Bank Account
- Direct Deposit
- Automatic Bill Pay

**Personal Safety**
- Neighbors
- Police
- Fire
- Emergency Medical Responders

**Community Based**
- Service Coordinator
- Plenary or Limited Guardianship

**Personal Safety**
- Personal Care Attendant/Direct Care Worker
- Adult Protective Services

**Eligibility Specific**
Case Scenarios for Applying LifeCourse Framework and Tools
Your Turn to Try!!!

1. Identify a note taker and then read the “case scenario” out loud to your table

2. On the Good Life Trajectory worksheet:
   - Fill out what you believe is the persons Good Life and What Wouldn’t be a Good Life
   - Star the persons age and list a few life experiences for that stage

3. Fill out the Integrated Star worksheet to assist the person to identify, develop or adapt the supports he/she needs to achieve the Good Life
Add the 3 scenarios
Applying the Framework to Transformational Change

“Creating Space for innovation in Washington”
Peyton’s Integrated School Story

Using the LifeCourse Tools to Transform the Way the School Thinks about Peyton
Peyton's Good "School" Life

CHARTING the life course

Peyton
Life Trajectory Worksheet: Family

Everyone wants a good life. The bubbles on the right will help you think about what a good life means for you or your family member, and identifying what you know you don't want. You can use the space around the arrows to think about current or needed life experiences that help point you in the direction of your good life.

VISION for a GOOD LIFE

- Friends
- Family
- Productive Employment
- Happiness
- Living Independently
- Meaningful Relationships
- Love
- Community Involvement & Inclusion

What I DON'T Want

- Sheltered workshop
- Group home
- Isolation
- Dependency on paid supports
- Lonely
- Unhappy
- Unproductive
- Bored
- Poverty
Peyton’s Integrated Good Life

**CHARTING the life course**

**Integrated Services and Supports**

People need supports to lead good lives. Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, community life. This tool will help families and individuals think about how to work in partnership to support their vision for a good life.

**Technology**
- iPad
- Sunrise Toothbrush
- Nanny Cam
- Wrist Dispenser
- Computer
- Flushable Wipes

**Personal Strengths & Assets**
- Social
- Loves to run/ play
- Wants to communicate
- Silly/keeps to make others laugh
- Routines oriented
- Loves sports
- Imaginative

**Relationships Based**
- Mom
- Grandparents
- Dad & Kristy
- Brothers

**Community Based**
- Church
- Boy Scouts
- Bowling
- Parks & Recreation

**Eligibility Specific**
- PCA/Home Health
- Consumer Directed Services
- OT
- Speech
- Functional Classroom
- Medicaid/SSI

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**Long Term Support Needs**
- School grading
- Social support
- Tech support
- Support from peers
- Support through AT device
- Support in Reg Ed and special ed classrooms
- Church
- Home Health
- Home Health
- Health
- Health
- Health
- Support
- Support
- Support
- Sports

February 2015

Missouri Family to Family | UMKC-IHD, UCEDD
Change that is Needed

TRANSITIONAL CHANGE

“Retooling” the system and its practices to fit the new model
Mergers, consolidations, reorganizations, revising systematic payment structures,
creating new services, processes, systems and products to replace the traditional one

TRANSFORMATION CHANGE

Fundamental reordering of thinking, beliefs, culture, relationships, and behavior
Turns assumptions inside out and disrupts familiar rituals and structures
Rejects command and control relationships in favor of co-creative partnerships

Creating Blue Space, Hanns Meissner, 2013
ALL: Public Health Framework

Medical System

Flu Shot

Hand Washing
Anti-Bacterial Soap
Developing Innovative Strategies for Transformation within and outside DD

- Eligibility Based Supports
  - Family and Self-Advocacy Networks
  - ADRC No Wrong Door Initiatives
  - Inclusive education with supports
  - Adaptive equipment
  - Problem Solving and Life Navigation

- Universally designed and affordable homes
- Grocery carts for older kids
- EMT and Police knowledgeable and supportive
- Strong families and friends to share lives with
- Inclusive and accepting spiritual and recreational opportunities
Vision for Integrated Systems & Communities for Good Lives

- Pediatrician, Families and Friends, Faithbased
- IDEA Part C, Parents as Teachers, Health, Headstart
- School, Special Education, Health, Recreation
- Vocational Rehab, Health Employment, College, Military
- Disability Services, Health, Housing, College, Careers
- Retirement, Aging System, Health
Putting Framework Into Action

Statewide Systems Partnering to Disseminate a Consistent Message

• Early Childhood and Part C
• School Districts, Special Education
• PNS Show Me Career Employment Grant State
• Division of Developmental Disability
• Special Health Care Needs
• Missouri Family to Family Health Info Center
Trajectory Towards Employment

Education
Career
Job of Choice
Economic Sufficiency
$ for Home & Fun

Poverty
No opportunities
Sheltered Employment
Dependence on Govt
Developed Youth Transition Packet

• Identified the Need to get information into the hands of self-advocates and families transitioning from High School

• Committee of people who have experience at Transition Age developing a draft packet

• Using LifeCourse network and Show Me Career group for further review and suggestions
Partnering in Communities on Transitioning to Adulthood

- Show Me Pilot Community organizations all recognized the impact of the scary letter from schools
- Partnered with F2F to use Alternative to Guardianship materials
- Getting the right materials into the hands of the people on the front line who could get them to families
Hosted Youth Leadership Academy and LifeCourse

Different Marketing Strategies
Materials focused less on “employment” and more on adult life outcomes

Included family members and other supporters to attend with you

Use LifeCourse Framework for Content
Adapted the tools and activities to be youth-focused, interactive and fun
Developed concrete “take home” tools with vision and plans
What's next in Snohomish County and Washington??
Specific Next Steps and Recommendations

**Level I:** What changes are you going to make in your own life or job, based on what you heard today?

**Level II:** What are some specific organizational recommendations, for where you work or where you receive supports? (Please name organization)

**Level III:** What are some specific systems or policy recommendations that must occur to achieve a “Good Life” for all in Snohomish County or Washington?
Our Good Life
Life isn’t about how to survive the storm, but how to dance in the rain.

-unknown
Questions, Reflections and Discussion
Contact Information

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reynoldsmc@umkc.edu